

# THE EFFECTS OF BIO-KINETICS HEALTH SYSTEM ON BALANCE WITH CERVICAL CHALLENGE

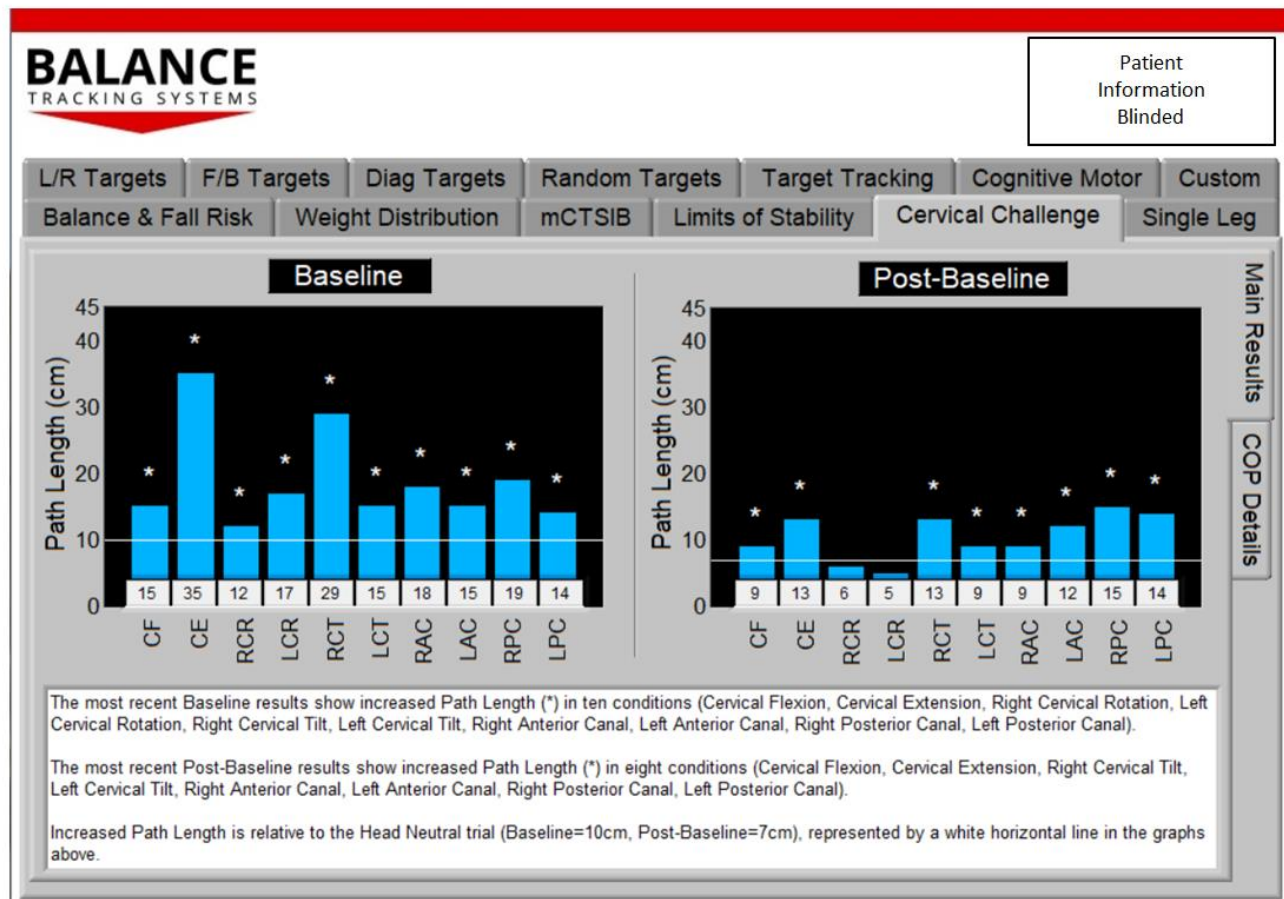
CLINICAL CASE STUDY January 2, 2023

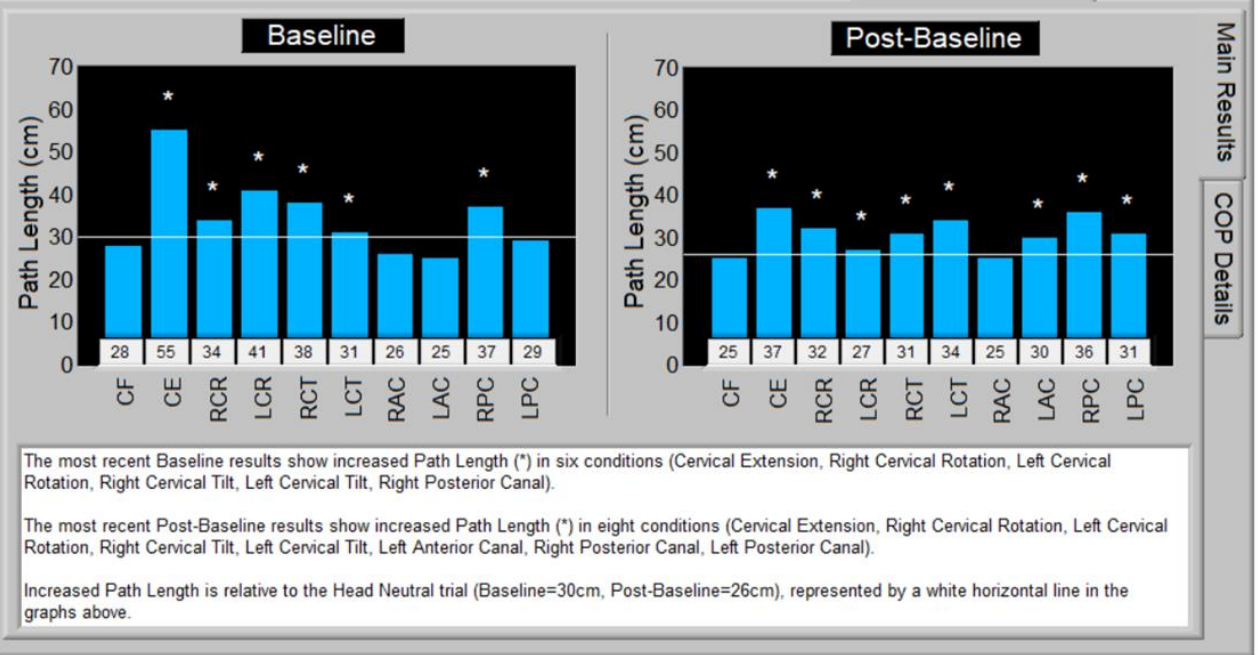
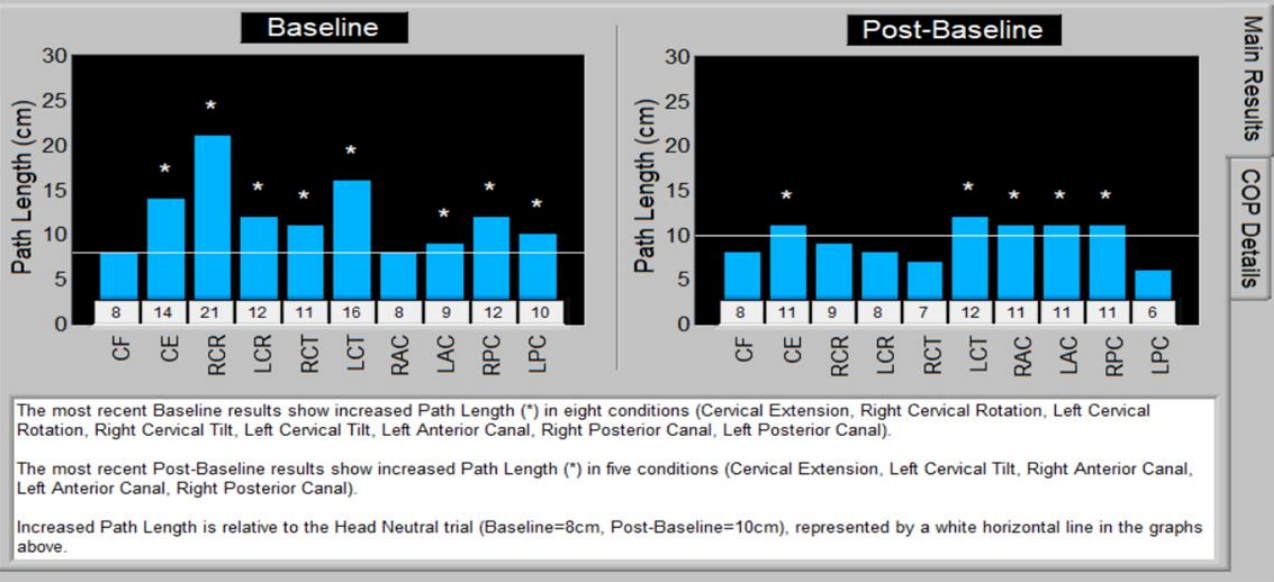
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The following results show pre and post application of the Bio-Kinetics Health System protocols.

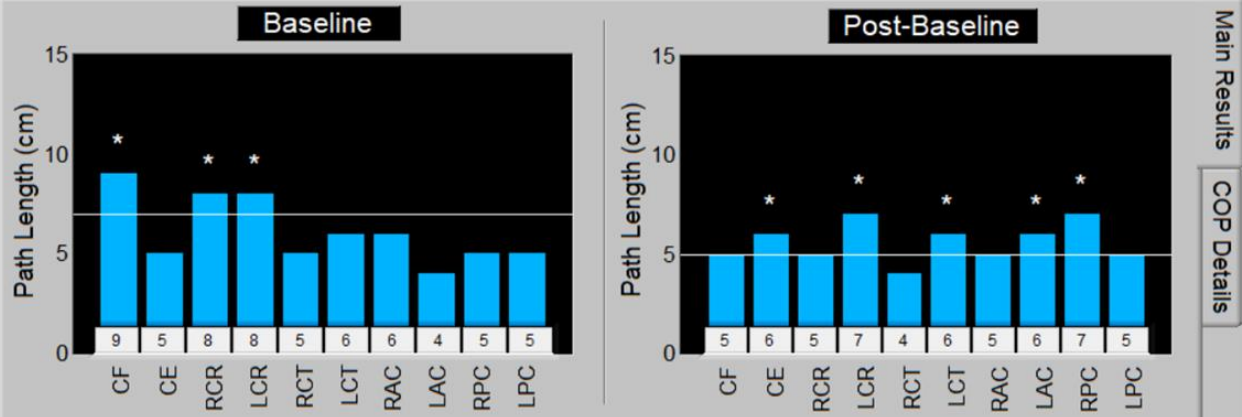
**Abstract:** This case study tested whether the Bio-Kinetics Health System has a significant effect on the central nervous system, in particular the vestibulo-cerebellar system and especially testing various head and neck positions to activate semi-circular canal afferents into the vestibular system and the vestibular systems ability to integrate this afferent input into meaningful efferent output. Benefits of improved vestibulo-cerebellar function include decreased fall risk, improved balance and stability, improved gait, improved spinal stability and greater chiropractic adjustment holding patterns through vestibulo-spinal efferent pathways to the shunt stabilizing spinal segmental system.

**Conclusion:** These case studies demonstrated significant improvement in vestibulo-cerebellar integration and processing ability in four separate patients after only one application of the Bio-Kinetics Health System protocols. Greater results are anticipated with further Bio-Kinetics Health System and Neuro-rehab applications. This study indicates the validity and need for further studies using double blinded studies with larger sample sizes.





- L/R Targets
- F/B Targets
- Diag Targets
- Random Targets
- Target Tracking
- Cognitive Motor
- Custom
- Balance & Fall Risk
- Weight Distribution
- mCTSIB
- Limits of Stability
- Cervical Challenge
- Single Leg



The most recent Baseline results show increased Path Length (\*) in three conditions (Cervical Flexion, Right Cervical Rotation, Left Cervical Rotation).

The most recent Post-Baseline results show increased Path Length (\*) in five conditions (Cervical Extension, Left Cervical Rotation, Left Cervical Tilt, Left Anterior Canal, Right Posterior Canal).

Increased Path Length is relative to the Head Neutral trial (Baseline=7cm, Post-Baseline=5cm), represented by a white horizontal line in the graphs above.

Main Results  
COP Details