

THE EFFECTS OF BIO-KINETICS HEALTH SYSTEM ON BALANCE AND FALL RISK

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The following results show pre and post application of the Bio-Kinetics Health System protocols.

Abstract: This case study tested whether the Bio-Kinetics Health System has a significant effect on the central nervous system, in particular the vestibulo-cerebellar system. Benefits of improved vestibulo-cerebellar function include decreased fall risk, improved balance and stability, improved gait, improved spinal stability and greater chiropractic adjusting holding patterns through vestibulo-spinal efferent pathways to the shunt stabilizing spinal segmental system.

Conclusion: This case study demonstrated a significant 12% improvement in balance and fall risk after only one application of the Bio-Kinetics Health System protocols. Greater results are anticipated with further Bio-Kinetics Health System and Neuro-rehab applications. This study indicates the validity and need for further studies using double blinded studies with larger sample sizes.

